



Training in Obstetrics and Gynaecology

LOG BOOK

Approved by
The European Board and College of Obstetrics and Gynaecology

TO BE COMPLETED AFTER EACH YEAR OF TRAINING AND SENT WITHIN THREE MONTHS THEREAFTER TO THE ASSESSMENT COMMITTEE (CERTIFICATION BOARD)

Surname (in capitals), first name of trainee :

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Dates of beginning and end of year of training :

...../...../..... (day/mo/yr) -/...../..... (day/mo/yr).

Name and address of department :

Year :

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Year :

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Year :

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Year :

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Year :

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Year :

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CONTENT OF THE TRAINING PROGRAMME

GYNAECOLOGY DURING AT LEAST 1 1/2 YEAR

of which at least 6 months during the last 3 years of training.

OBSTETRICS DURING AT LEAST 1 1/2 YEAR

of which at least 6 months during the last 3 years of training.

It is recommended to gain experience also in **OTHER FIELDS OF THE SPECIALTY**, such as reproductive medicine, breast diseases, gynaecological oncology, prenatal medicine, uro-gynaecology, gynaecological and obstetric ultrasound.

NOT MORE THAN 1 YEAR OF THE TRAINING SHOULD BE SPENT IN RELEVANT RESEARCH OR IN ANOTHER SPECIALTY.

Specialities that are eligible in this regard are :

abdominal surgery, endocrinology, urology, neonatology, medical genetics, pathology.

Other specialities : only after prior agreement of the Certification Board.

IT IS HIGHLY RECOMMENDED TO HAVE PART OF THE TRAINING (MAXIMUM : 1 YEAR) IN A DIFFERENT COUNTRY.

TYPE AND MINIMAL NUMBER OF TECHNICAL ACTS :

It is difficult and completely arbitrary to define the ideal number of technical acts carried out during training; it is preferable to define the minimal number of these acts.

The EBCOG Working Party on Postgraduate Training and Assessment considers the following experience to be the minimum for competence as a specialist :

OBSTETRICS :

- Antenatal ultrasound examination	200
- Normal labour and delivery	100
- Assisted vaginal delivery (forceps, vacuum extr., breech)	40
- Caesarean section	40

DIAGNOSTIC PROCEDURES :

- Colposcopy	50
- Hysteroscopy	25
- Gynaecological ultrasound examination	100

GYNAECOLOGICAL SURGERY :

- Diagnostic laparoscopy or sterilisation	40
- Minor laparoscopic surgery (ectopic preg., ov. cyst)	20
- Hysterectomy (abdominal : 25 minimum, vaginal : 15 minimum)	40
- Breast surgery including that for cancer ¹ :	20

It is even more important to define the spectrum of acts for which the trainee has developed sufficient skills. This spectrum encompasses "minor" acts (e.g. colposcopy) as well as "major" acts (e.g. hysterectomy, caesarean section). The person in charge of the training is best placed to assess the skill developed by the trainee for a given act. The capability of the trainer to assess trainees will be evaluated by a visiting subcommittee.

¹Only in those countries where this is part of gynaecological practice.

TARGETS FOR THE FIRST YEAR OF TRAINING

description by trainer and tutor of what is expected in terms of knowledge, technical skills and fulfilment of tasks at the end of this year of training.

To be completed at the beginning of the year of training.

Year: 20..... - 20.....

KNOWLEDGE :

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TECHNICAL SKILLS :

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TASKS :

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DATE :

NAME OF THE TUTOR :

SIGNATURES : TUTOR :----- TRAINEE : -----

TARGETS FOR THE SECOND YEAR OF TRAINING

description by trainer and tutor of what is expected in terms of knowledge, technical skills and fulfilment of tasks at the end of this year of training

To be completed at the beginning of the year of training.

Year: 20..... - 20.....

KNOWLEDGE :

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TECHNICAL SKILLS :

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TASKS :

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DATE :

NAME OF THE TUTOR :

SIGNATURES : TUTOR : ----- TRAINEE : -----

TARGETS FOR THE THIRD YEAR OF TRAINING

description by trainer and tutor of what is expected in terms of knowledge, technical skills
and fulfilment of tasks at the end of this year of training

To be completed at the beginning of the year of training.

Year: 20..... - 20.....

KNOWLEDGE :

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TECHNICAL SKILLS :

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TASKS :

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DATE :

NAME OF THE TUTOR :

SIGNATURES : TUTOR :----- TRAINEE :-----

TARGETS FOR THE FOURTH YEAR OF TRAINING

**description by trainer and tutor of what is expected in terms of knowledge, technical skills
and fulfilment of tasks at the end of this year of training**

To be completed at the beginning of the year of training.

Year: 20..... - 20.....

KNOWLEDGE :

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TECHNICAL SKILLS :

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TASKS :

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DATE :

NAME OF THE TUTOR :

SIGNATURES : TUTOR :----- TRAINEE :-----

TARGETS FOR THE FIFTH YEAR OF TRAINING

description by trainer and tutor of what is expected in terms of knowledge, technical skills
and fulfilment of tasks at the end of this year of training

To be completed at the beginning of the year of training.

Year: 20..... - 20.....

KNOWLEDGE :

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TECHNICAL SKILLS :

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TASKS :

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DATE :

NAME OF THE TUTOR :

SIGNATURES : TUTOR : ----- TRAINEE : -----

TARGETS FOR THE SIXTH YEAR OF TRAINING

description by trainer and tutor of what is expected in terms of knowledge, technical skills
and fulfilment of tasks at the end of this year of training

To be completed at the beginning of the year of training.

Year: 20..... - 20.....

KNOWLEDGE :

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TECHNICAL SKILLS :

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TASKS :

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DATE :

NAME OF THE TUTOR :

SIGNATURES : TUTOR : ----- TRAINEE : -----

TARGETS FOR THE SEVENTH YEAR OF TRAINING

description by trainer and tutor of what is expected in terms of knowledge, technical skills and fulfilment of tasks at the end of this year of training

To be completed at the beginning of the year of training.

Year: 20..... - 20.....

KNOWLEDGE :

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TECHNICAL SKILLS :

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TASKS :

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DATE :

NAME OF THE TUTOR :

SIGNATURES : TUTOR :----- TRAINEE :-----

ON CALL DUTIES

FREQUENCY OF ON CALL DUTIES : (e.g. : 1/4)

Year	1	2	3	4	5	6	7
Frequency							

BRIEF DESCRIPTION OF ACTIVITIES WHEN ON CALL :

Year 1 :

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Year 2 :

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Year 3 :

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Year 4 :

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Year 5 :

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Year 6 :

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Year 7 :

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EVALUATION OF CLINICAL AND TECHNICAL SKILLS

Every target defined in the EBCOG recommendation on training and assessment has an expected competence level that must be achieved. The level of competence ranges from observation (level 1) to independent practice (level 5).

Many of the targets do not require an assessment of every competence level and shaded boxes indicate these. Trainees can choose whether or not to tick the shaded boxes as they progress.

Certain targets do not require the trainee to be level 5 (Independent). These are identified by a black box.

The open targets require your tutor or trainer to check your competence and sign you off. When you feel ready for this it is your responsibility to organise with your trainer, for these targets to be observed.

When an entire module is completed (excluding black boxes) request the educational supervisor to sign the completed module.

SCORING SYSTEM :

- 1 : Passive attendance , assistance
- 2 : Needs close supervision
- 3 : Able to carry out procedure under some supervision
- 4 : Able to carry out procedure without supervision
- 5 : Able to supervise and teach the procedure

The general aim is to get at least mark 4.

PATIENT ASSESSMENT

Target	Expected competence level Trainee ticks when achieved					Trainer signs when competence level achieved	
	1	2	3	4	5	Sign	Date
Clinical diagnostic skills							
Interpretation of laboratory test and other examinations							
Prescribing drugs							
Choice of proper surgical approach							

Signature to confirm completion of the module :

Name of the trainer :

Date :

Hospital :

SURGICAL PROCEDURES

Target	Expected competence level Trainee ticks when achieved					Trainer sign when competence level achieved	
	1	2	3	4	5	Sign	Date
Diagnostic laparoscopy and sterilisation							
Minor laparoscopic surgery (EUP, Ovarian cyst)							
Diagnostic hysteroscopy and target biopsy							
Colposcopy							
Simple hysteroscopic procedure (e.g. polypectomy)							
Endometrial ablation or resection							
Conisation of the cervix or similar treatment (e.g. LEEP)							
Transvaginal ovarian puncture							
Curettage							
Laparotomy (tubal ligation, salpingectomy, oophorectomy, ovarian cystectomy and adhesiolysis)							
Total abdominal hysterectomy							
Myomectomy							
Vaginal hysterectomy							
Vaginal repair							
Suprapubic suspension procedure							
Tumourectomy , quadrantectomy, mastectomy of the breast + Axillary lymphadenectomy ¹							
Repair of abdominal incision hernia							

Signature to confirm completion of the module :	
Name of the trainer :	Date :
Hospital :	

¹ Only in those countries where this is part of gynaecological practice

OBSTETRIC PROCEDURES

Target	Expected competence level Trainee ticks when achieved					Trainer signs when competence level achieved	
	1	2	3	4	5	Sign	Date
Spontaneous delivery , including episiotomy and its repair							
Vacuum extraction							
Forceps delivery							
Vaginal breech delivery							
Immediate resuscitation of neonate							
Caesarean section							
Repair of 3 rd and 4 th degree perineal tears and cervical laceration							
Management of retained placenta							
Management of post partum haemorrhage							
Hypogastric artery ligation and obstetric hysterectomy							
Management of shoulder dystocia							
Vaginal delivery in multiple pregnancy							
External cephalic version							
Assessment of the cardiotocogram (CTG)							
Micro blood sampling							
Cervical Cerclage							
Amniocentesis							
Termination of first trimester pregnancy							
Termination of second trimester pregnancy							

Signature to confirm completion of the module :	
Name of the trainer :	Date :
Hospital :	

ULTRASOUND IN OBSTETRICS AND GYNAECOLOGY

Target Assesment of :	Expected competence level Trainee ticks when achieved					Trainer signs when competence level achieved	
	1	2	3	4	5	Sign	Date
Obstetrics							
• Early pregnancy for viability							
• Pregnancy datation							
• Fetal morphology							
• Fetal growth							
• Fetal presentation							
• Placental site							
• Liquor volume							
• Fetal well being							
Gynaecology							
Normal and abnormal pelvic anatomy :							
• Uterus							
• Ovaries							
• Tubes							

Signature to confirm completion of the module :

Name of the trainer :

Date :

Hospital :

**NUMBER OF PROCEDURES AND TECHNICAL
ACTS PERFORMED DURING THE TRAINING AS
FIRST ASSISTANT**

PROCEDURES	YEAR 1	YEAR 2	YEAR 3	YEAR 4	YEAR 5	TOTAL
Gynaecological ultrasound (transabdominal and transvaginal routes)						
Obstetric ultrasound (1st and 3rd trimesters : biometry)						
Ultrasonographic assessment of fetal morphology (2nd trimester)						
Colposcopy						
Diagnostic hysteroscopy						
Curettage						
Conisation of cervix or similar treatment (e.g. LEEP)						
Diagnostic laparoscopy and laparoscopic tubal sterilisation						
Minor laparoscopic surgery (ovarian cysts, extrauterine pregnancy)						
Abdominal hysterectomy						
Vaginal hysterectomy						
Plastic repair of vagina						
Radical hysterectomy with pelvic lymphadenectomy (e.g. Wertheim-Meigs)						
Surgical procedures for urinary incontinence (e.g. M.M.K., Burch, Pereyra)						
Tumorectomy, quadrantectomy of breast						

Mastectomy (Patey) + axillary lymphadenectomy						
Spontaneous delivery, including episiotomy and its repair						
Vacuum extraction						
Forceps delivery, without rotation						
Vaginal breech delivery						
Caesarean section						
Other procedures and technical acts¹						

Date :
...../...../..... (day/mo/yr)

Name and signature of trainee:
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¹ Add extra page(s) if space provided is insufficient.

NUMBER OF PROCEDURES AND TECHNICAL ACTS PERFORMED DURING THE TRAINING AS SURGEON

PROCEDURES	YEAR 1	YEAR 2	YEAR 3	YEAR 4	YEAR 5	TOTAL
Gynaecological ultrasound (transabdominal and transvaginal routes)						
Obstetric ultrasound (1st and 3rd trimesters : biometry)						
Ultrasonographic assessment of fetal morphology (2nd trimester)						
Colposcopy						
Diagnostic hysteroscopy						
Curettage						
Conisation of cervix or similar treatment (e.g. LEEP)						
Diagnostic laparoscopy and laparoscopic tubal sterilisation						
Minor laparoscopic surgery (ovarian cysts, extrauterine pregnancy)						
Abdominal hysterectomy						
Vaginal hysterectomy						
Plastic repair of vagina						
Surgical procedures for urinary incontinence (e.g. M.M.K., Burch, Pereyra)						
Tumorectomy, quadrantectomy of breast						

Mastectomy (Patey) + axillary lymphadenectomy						
Spontaneous delivery, including episiotomy and its repair						
Vacuum extraction						
Forceps delivery, without rotation						
Vaginal breech delivery						
Caesarean section						
Other procedures and technical acts¹						

Date :
...../...../..... (day/mo/yr)

Name and signature of trainee:
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¹Add extra page(s) if space provided is insufficient.

ASSESSMENT OF KNOWLEDGE, ATTITUDES AND FULFILLMENT OF TASKS

Scoring system : A = Excellent
 B = Sufficient
 C = Weak
 D = Unacceptable
 E = Not applicable

Assessment of fulfillment of the targets defined on pages 3 - 9

Year	1	2	3	4	5
INTEGRATED KNOWLEDGE					
REACHING OF APPROPRIATE DECISIONS; COLLECTION AND INTERPRETATION OF DATA					
MOTIVATION, SENSE OF DUTY, DISCIPLINE, PUNCTUALITY					
TECHNICAL SKILLS					
ORGANISATORY SKILLS					
ADMINISTRATIVE TASKS (MEDICAL FILES, CORRESPONDENCE, ETC.)					
ETHICS					
RELATIONS WITH PATIENTS					
RELATIONS WITH MEDICAL AND OTHER STAFF					
ATTENDANCE AND ACTIVE PARTICIPATION IN STAFF MEETINGS					
SCIENTIFIC INTEREST					
SCIENTIFIC ACTIVITY					

Date :/...../..... (day/ mo / yr)

Signature of Trainee:

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Signature of Trainer :

.....

CUMULATIVE LIST OF SCIENTIFIC MEETINGS
AND COURSES ATTENDED BY THE TRAINEE
(entire duration of training; to be up-dated yearly)

e.g. :

1. Joint Meeting of the South-East Gynaecological Society and the Flemish Society of Obstetrics and Gynaecology, Bruges, Belgium, 10.10.1999. Theme : "Endometriosis".
2. Meeting of the European Menopause Society, Liège, Belgium, 16-17.04.2000. Theme : "Menopause and the cardio-vascular system".
3. Advanced Course in Gynaecological Endocrinology, University of Nijmegen, the Netherlands, 14 – 16.10.2000.

CUMULATIVE LIST OF PAPERS READ AT **SCIENTIFIC MEETINGS**

(entire duration of training; to be up-dated yearly)
(A MINIMUM OF 1 AS 1ST AUTHOR IS REQUIRED)

e.g. :

1. R. LEGAS and L. DUPONT : "Phospholipids in the amniotic fluid." Free communication. National Congress of the Belgian Society of Gynaecology and Obstetrics, Brussels, Belgium, 04-05.02.1999.
2. R. LEGAS : "Severe auto-immune dermatologic complications during pregnancy." Poster. Symposium "Pregnancy and the immune system", Besançon, France, 17-18.06.2000.

CUMULATIVE LIST OF SCIENTIFIC PUBLICATIONS

**(entire duration of training; to be up-dated yearly)
(AT LEAST 1 AS 1ST AUTHOR IS REQUIRED)**

e.g. :

1. L. DUPONT and R. LEGAS : Lipid profile of the amniotic fluid. Acta Clinica Belgica 1999, 50 : 327 - 335.
2. R. LEGAS, A.C. VERNY, I. VENDON and P. CASSY : Isolation of a fraction of phosphatidyl-glycerol active in fetal pulmonary maturation. European Journal of Obstetrics and Gynecology and Reproductive Biology 2000, 31 : 627 - 629.

SURGICAL REPORTS

Each trainee will keep in a separate book copies of all reports pertaining to acts performed as first assistant or as surgeon, to be produced if necessary .